

DR. KYL SMITH IS KNOWN AS THE INVENTOR OF THE #1 BESTSELLING PRODUCT IN ITS CATEGORY FOR MORE THAN A DECADE. SEE THE INSIDE BACK COVER FOR MORE ABOUT DR. KYL SMITH.

NOURISH YOUR MIND – IMPROVE YOUR LIFE

Imagine having improved focus, concentration, mood, memory, and the mental performance you've always wanted. Imagine having the physical energy to be at your peak from dawn to dusk, to do the things you've always wanted to do, and to be your best every day.

If this sounds unlikely, it's time you were introduced to Dr. Kyl Smith and his Brighter Mind® Program – it's time you joined those who have experienced breakthroughs with the help of the science-based information in Brighter Mind®.

If you are an adult, you can expect the application of the Brighter Mind® program to naturally:

- Improve mental energy, memory, focus, concentration, mental clarity and mental performance
- Improve the accuracy and speed of mental and physical reaction time and even improve physical coordination
- Improve mood, reduce depression, and decrease irritability
- Help protect your brain against the degenerative changes that lead to Alzheimer's and other dementias later in life

If you are a parent, you'll learn about unique foods, dietary ingredients, and nutrients in the Brighter Mind® program that have been shown to benefit children by naturally:

- Improving attention, concentration and academic / learning performance
- Increasing IQ scores
- Improving test scores and speed of reaction
- Eliminating the symptoms of ADD / ADHD

"Whether or not you are the parent of an autistic child, an adolescent with aggressive behaviors told by his doctors to just keep taking his medications, or an adult with increasing episodes of forgetfulness, the reality remains the same. These individuals confront the daily terror of staring into the abyss of conventional medical treatments that have little if any likelihood of a solution to the disorders they are living with.

The work of Dr. Kyl Smith, entitled "Brighter Mind" however can change all of that despair to a vision of hope. "Brighter Mind" is a textbook for prevention or correction of Neurologic Disorders that have confounded conventional medical doctors until now. Dr. Smith's solutions, which he provides ample scientific study to back up, are nutrition based and can be done on your own without the need of a doctor's assistance. "Brighter Mind" will brighten your outlook for both you and the rest of your family."

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Host of the Radio Talk Show "AM Impact On Your Health"



BRIGHTER
MIND



BY DR. KYL SMITH

BRIGHTER MIND
MEDIA GROUP

UPDATED AND EXPANDED EDITION

FROM THE
#1
BESTSELLING
INVENTOR

A FOUR-STEP PROGRAM
THAT WILL DRAMATICALLY IMPROVE
YOUR MENTAL PERFORMANCE AND
BOOST YOUR BRAIN POWER!

BRIGHTER MIND®



BY DR. KYL SMITH

THE REVOLUTIONARY SCIENCE BEHIND FOODS,
NUTRIENTS, AND EXERCISE THAT DRAMATICALLY IMPROVE FOCUS,
CONCENTRATION, MOOD, MEMORY AND MENTAL ENERGY

BRIGHTER MIND®

NOURISH YOUR MIND

IMPROVE YOUR LIFE

Over 1,400 peer-reviewed scientific references were utilized to create the Brighter Mind® Program. This complete how-to guide is designed specifically to engage the latest scientific advances on the effects of nutrients and foods on the production of biological energy within the brain – and on the ways in which nutrition can protect your precious neurons against destruction and deterioration. This compilation of “smart” foods and nutrients also includes groundbreaking information on the most effective way to physically exercise to stimulate and improve the mind – again, compiled from the latest scientific discoveries. This book will guide you to the best of nature’s elements and activities for dramatic improvements in mental function and performance.



ABOUT THE AUTHOR:

Dr. Kyl Smith—or, “Dr. Kyl,” as his colleagues call him—is a pioneer in the world of natural medicine. He is a patented inventor, a noted researcher, lecturer, and scientist, and is well-known as the inventor of the #1 Bestselling brain supplement in North America for the last ten years.

Dr. Kyl has appeared on hundreds of radio and television programs across the country in the last decade – he’s the author of the acclaimed Brighter Mind® book series – and is a popular speaker providing Continuing Education programs for doctors. His passion is teaching licensed Health Care Practitioners how to utilize and integrate nutritional therapies to improve cognitive function in practice based on clinical research as published in peer-reviewed literature.

Professionally, Dr. Kyl received his doctorate of Chiropractic in 1993, and he has since engaged in ongoing nutrition and natural medicine research. Most notably, with the support of some of the top research scientists in the world, including a former senior scientist for the American Medical Association—Dr. Kyl filed a Health Claim Petition for the brain-nutrient Phosphatidylserine, which was later approved by the FDA. It represents the first and only nutrient-based Qualified Health Claim for cognitive function to be approved in the FDA’s history. As a result, Dr. Kyl received the James Lind Scientific Achievement Award, which acknowledges the accomplishments of those who have contributed to the scientific advancement of natural medicine and are helping to reshape the structure of American health care.

Dr. Kyl is a proud recipient of the Dr. James W. Parker Award and is a Lifetime Member of Parker University. He’s a member of the Institute for Functional Medicine; the American Botanical Council; the International Society of Regulatory Toxicology and Pharmacology; and the Vice-President of Membership for the Academy of Bio-Energetic and Integrative Medicine (A.B.E.I.M.).